

The HCG Matrix Document

HCG comes from Empower Pharmacy only. The strength is 12,000 IU and 6,000 IU.

12,000 IU Vial

-Reconstituted with 6ml of water – Must stay refrigerated.

100 IU per 5 units - dose accordingly.

Examples of dosing:

- Reboot 400 IU = 20 units on insulin syringe daily
- 12 week cream 500 IU = 25 units on an insulin syringe on Wednesday and Saturday.
- 6 week **heavy** HCG dose 1000 IU 50 units on an insulin syringe Wednesday and Saturday.

6,000 IU Vial – Standard HCG Vial

-Reconstituted with 6ml of water – Must stay refrigerated.

100 IU per 10 units – dose accordingly

Examples of dosing:

- 10 Week injection program – 500 IU = 50 units on an insulin syringe on Wednesday and Saturday for 6 weeks
- 12 Week Cream Program - 500 IU = 50 units on an insulin syringe on Wednesday and Saturday. If SHBG is lower, HCG begins when program begins. If SHBG is higher, we add HCG to the second 6 weeks.

HCG FAQs:

(Q) “Why don’t I take HCG the whole time?”

(A) You can, but it is not advised because in some men your body can develop antibodies against HCG and then stop the goal of taking it. Also, the HCG is only good for 90 days.

(Q) “The HCG bottle says discard after 28 Days, should I throw it away?”

(A) No, the HCG has sterility testing that exceeds 90 days. The compounding pharmacies are required to put that on ALL sterile injection vials as an FDA standard. If you are concerned and want to stick with the 28 day, that is no problem. We can always add an additional bottle to your order.

